

Tuscany Café & Bistro
Lunch

Appetizers

- TOMATO FONDUE** with Goats Cheese and Crunchy Bread 11.50
HUMMUS with Greek Salsa and Pita Bread 9.95
FRESH MOZZARELLA Tomato, Basil, Balsamic and Olive Oil 10.95
SOUP OF THE DAY Cup 5.25 Bowl 7.25

Salads

SOUP and SALAD 10.95
(House, Caesar OR Greek 1.00 extra)

GREEK SALAD 10.95
Feta, Olives, Tomatoes, Cucumbers, Onions, Pepperoncini

COBB SALAD 13.50
Grilled Chicken, Bacon, Avocado, Egg, Blue Cheese, Balsamic Vinaigrette

GRILLED SALMON SALAD 14.25
Mixed Greens with Corn, Cucumber, Tomato and Balsamic Vinaigrette

GRILLED STEAK AND CHICKEN SALAD 14.95
with Goats Cheese, Olives and Roasted Peppers

BRIE AND CRANBERRY SALAD 12.95
Brie Fritters, Cranberries and Caramalised Pecans

LITTLE NUTTY SALAD 13.50
Maple Walnuts, Pears, Grilled Chicken, Tomatoes, Walnut Vinaigrette
Add Blue Cheese 1.00 Extra

BLACKENED CHICKEN SALAD 13.25
Black Beans, Corn, Tomato, Red Onion & Balsamic Vinaigrette

ASIAN SALMON SALAD 14.50
Grilled Salmon with Asian Marinade over Spinach with Beets and Soy Ginger
Dressing

BLACKENED SALMON SALAD 14.50
Over Spinach with Nuts, Blue Cheese Crumbles, Raspberry Vinaigrette

TUSCANY CAESAR SALAD 9.00
Add Chicken 4.50 Shrimp 6.50 Salmon 6.95
Add Crab Cakes Market Price

TO ANY SALAD
18% Gratuity Added to Parties of 5 OR More

QUESADILLAS

Chicken Quesadilla OR Blackened Chicken Quesadilla 13.50
Spicy Shrimp Quesadilla 14.25
Grilled Vegetable Quesadilla 12.95

All Quesadillas served with Cheese, Peppers and on the side Sour Cream and Salsa

PANINIS

- Ham, Cheese and Tomato 12.95**
- Beef, Brie and Caramelised Onions 13.95**
- Spicy Chicken with Roasted Peppers and Cheese 12.95**
- Grilled Chicken, Red Onion, Tomatoes and Pesto Mayo 12.95**
- Fresh Mozzarella, Roma Tomatoes and Pesto Mayo 12.95**
- Grilled Vegetables, Cheese and Basil Mayo 12.95**

SANDWICHES

- Italian Chicken Filet with Bacon, Lettuce, Tomato and Ranch 12.95**
- Chicken Pesto with Lettuce, Tomato and Basil Mayo 12.75**
- Blackened OR Fried Grouper Sandwich 14.50**
- Turkey Pastrami Rueben on Rye 12.95**
- Cobb Sandwich Chicken, Avocado, Lettuce, Tomato, Bacon & Mayo 12.95**
- Black Forest Ham and Brie on Pumpernickle 12.95**
- Peppered Turkey Sprouts, Onion, Lettuce, Tomato, Avocado, Mustard Mayo 12.95**
- Chicken Caesar Wrap 12.95**
- Blackened Salmon BLT 14.50**
- Seared Salmon Sandwich with Aioli, Arugula and Tomatoes 14.50**

All Sandwiches Served with a Choice of Side
OR Substitute a Cup of Soup 1.00 extra OR Greek Salad 1.50 extra

HOUSE SPECIALITIES

- Maple Glazed Salmon over Sautéed Spinach with Potatoes 14.95**
- Fettuccini Bernadette Salmon, Avocado, Tomatoes
in a Parmesan Cream Sauce 14.95**
- Pasta Jambalaya with Chicken 14.50**
- Greek Ravioli Tomatoes, Feta, Olives in a Savory Sauce 13.95**
- Asiago Penne Pasta with Chicken, Spinach and Tomatoes 14.50**

Consuming raw and undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness
Items may contain nuts